

Minutes

Title of Meeting:	Obesity Strategy Group
Time:	9.30 a.m.
Date:	Wednesday, 7 th May 2014
Venue:	Rotherham Institute for Obesity, Clifton Lane Medical Centre
Reference:	JS/
Chairman:	Cllr Ken Wyatt

Present:

Sarah Antcliffe, Matt Capehorn, Kay Denton Tarn, Catherine Homer, Hayley Mills, Ron Parry, Juliette Penney, Dawn Price, Emma Royle, Joanna Saunders, Lynn Senior, Chris Siddall, Phill Spencer, Jill Ward, Poppy Woolley and Cllr Ken Wyatt

Apologies:

Gill Alton, Rich Cowley, Sarah Groom and Paul Gately

Description	Action
Welcome/Introductions/Apologies JS welcomed everyone to the meeting, particularly Dawn Price who was representing RCAT. Apologies were noted.	
Minutes of the meeting held on 5 th February 2014 and matters arising The minutes were agreed as a correct record. The following matters were discussed: National Child Measurement Programme (2014/03 refers) It was noted that a letter had been sent to all GPs re child centile BMI and referral criteria to the HWF services. An information resource had also been prepared for dissemination with the NCMP results letters to encourage self-referral or referral by primary care providers as appropriate. Thanks to MC/HM/JP for producing this information.	
CCG representation on the Strategy Group Emma Royle was welcomed to the group as the CCG representative. Emma's role includes commissioning of maternity and child health services. It was noted that there had been discussion at the last meeting of the Health and Wellbeing Board re the CCG representation and accountability of the group. It was confirmed that the group is accountable through the H&WB and that the minutes are routinely shared with members of the Board. The Obesity priority overview and action plan has been presented to the Board. KW suggested that this should be rescheduled for an update to the Board following the weight management services procurement exercise.	JS/KG
	33/KG
	Welcome/Introductions/Apologies JS welcomed everyone to the meeting, particularly Dawn Price who was representing RCAT. Apologies were noted. Minutes of the meeting held on 5 th February 2014 and matters arising The minutes were agreed as a correct record. The following matters were discussed: National Child Measurement Programme (2014/03 refers) It was noted that a letter had been sent to all GPs re child centile BMI and referral criteria to the HWF services. An information resource had also been prepared for dissemination with the NCMP results letters to encourage self-referral or referral by primary care providers as appropriate. Thanks to MC/HM/JP for producing this information. CCG representation on the Strategy Group Emma Royle was welcomed to the group as the CCG representative. Emma's role includes commissioning of maternity and child health services. It was noted that there had been discussion at the last meeting of the Health and Wellbeing Board re the CCG representation and accountability of the group. It was confirmed that the group is accountable through the H&WB and that the minutes are routinely shared with members of the Board. The Obesity priority overview and action plan has been presented to the Board. KW suggested that this should be rescheduled for an update to the Board following

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	performance in the NCMP. Further work will be undertaken to highlight the position for Rotherham and the range of activities in place and planned to raise awareness of overweight and obesity, prevention activity and treatment services. See reference below to Obesity Performance Clinic.	
2014/13	Eating Disorders KDT had been contacted by a number of schools seeking support to enhance curriculum delivery relating to eating disorders. There had been anecdotal information that children were managing their weight by not eating. There was no reference to Eating Disorders in the Joint Strategic Needs Assessment and limited information available regarding the level of activity in specialist services.	
	MC reiterated that whilst there is a care pathway for children who are suspected of having an eating disorder, the main problem is identification of children and referral into the appropriate service. He also noted that the pathway does not use child centile BMI charts and therefore requires amendment.	
	Action: MC to provide information to update the pathway. Action: JS/KW to highlight need to include information in JSNA.	MC JS/KW
	JS had previously requested information regarding activity in the specialist service (commissioned by the CCG and provided in Sheffield) – ER agreed to follow this up. It was noted that there was no national guidance on what a team tackling eating disorders should include.	
	Action: ER to seek further information re specialist service	ER
	activity. Action: JS/CH to establish lead clinician for ED pathway and share with KDT.	JS/CH
2014/14	Obesity Performance Clinic JS informed the group that the Performance & Quality Team in Neighbourhoods & Adult Services (NAS) at RMBC had initiated a performance clinic to review performance against the Public Health Outcomes Framework (PHOF) and the actions identified in the H&WB performance framework (the latter includes performance data from the HWF services).	
	The Performance Clinic was to be held on Friday 9 th May and a number of members of the group had been asked to attend. JS agreed to provide an update to the group following the clinic.	
	Action: JS to update OSG members re outcomes/action plan.	JS
	It was noted that the measures in the PHOF are population based measures of obesity prevalence (details of current performance were reported at the last meeting of OSG). The measures are annual.	
	In preparation for the Performance Clinic, JS and colleagues were preparing information about the opportunities for action across the Council and partner organisations to raise awareness of overweight and obesity and opportunities for preventive activity. It was noted	

that there were a number of initiatives which support the prevention agenda, though their impact was difficult to measure in terms of a reduction of obesity prevalence. It was noted that the Performance Clinic would not be reviewing the performance of existing weight management services as the services are out to tender. 2014/15 Update from Health & Wellbeing Board KW outlined the discussion at the recent H&WB meeting and the request to establish a task group to address the issues relating to childhood obesity. KW had emphasised to members of the Board that a sub-group of the Obesity Strategy Group was the place to undertake this work. JS informed the group that this issue was being addressed by the Obesity Performance Clinic (see item above). 2014/16 Healthy Weight Framework Procurement Update JS informed the group that the services were out to tender. The pretender questionnaires (PTQ) and references were due in on 14th May and existing and a number of potential providers had attended an event to outline the service lots. The service specifications have been reviewed and are all compliant with current NICE guidance. Helen Chambers from Procurement is managing the process. 2014/17 **Obesity Research Activity** CH updated the group on the progress of the Public Health Evaluation Scheme bid which had been submitted in partnership with MoreLife Ltd. and RIO – this bid had been to look at attrition in weight management services. CH had received informal feedback that the scheme had been very oversubscribed and Rotherham's bid was unsuccessful. Further research opportunities would be followed up when appropriate, including through the School of Public Health Research and the CLAHRC2 programme. CLAHRC2 would have a healthy weight theme group led by Professor Paul Bissell at ScHARR, University of Sheffield. Work had begun on the Leeds Metropolitan University project looking at the relationship between NCMP data and physical activity and fast food environments. JS had been invited to join the advisory group of a post-doctoral research fellowship at Sheffield University. MC highlighted the 5 abstracts he and the RIO team had had accepted for conferences in Kuala Lumpur and Sofia. He also informed the group that a paper would be published in a peer reviewed journal demonstrating the success of RIO compared to other T3 services in England. 2014/18 NICE Obesity Costing Tool and NICE Guidance Update CH had shared Rotherham's 2013 T2 activity data with NICE for testing the costing tool – the tool appeared to be quite complicated at first glance, but further information will be available as NICE test

real data. New NICE guidance on Very Low Calorie Diets (VLCDs) will be announced shortly – Carol Weir has been an advisor on this

group.

Update on Cook and Eat 2014/19 KD informed the group that a number of organisations including children's centres, schools and the Salvation Army, had accessed cook and eat training through the Children's Food Trust. CFT had also provided equipment to help organisations run local courses for their service users. MC was keen to support staff in RIO to train to delivery cook and eat - referred to the Dietetics Team at RMBC who deliver the training programme for this work. Karen Hickey in Rotherham School Meals Service can provide support for Food Hygiene training. The Oral Health Promotion team will no longer be providing cook and eat - their focus will go back to the core oral health promotion programme. Rotherham Ministry of Food will be reopening in the future with a stronger service specification in terms of healthy eating and target communities/populations. 2014/20 Communication items Working Together for a Healthier Rotherham – Wednesday 16th July at NY Stadium. Event organised by Rotherham CCG. Stands and exhibitions, keynote and workshops. Further details from Naomi Jarrett at RCCG – naomi.jarrett@rotherhamccg.nhs.uk 2014/21 Any Other Business Dinnington Health & Wellbeing Roadshow – KDT thanked the group for supporting this pilot event - Winterhill Learning Community will be hosting the next event on 26th June. Further information already circulated - contact KDT directly for more information kav.denton@rotherham.gov.uk Child Measurement Training – 2 events had been held which were well attended by School Nurses and others. Further discussion ongoing to get onto the CCG's Protected Learning Time agenda. Some issues highlighted re information governance and the feedback of service outcomes to referrers. Action: JS to signpost providers to Information Governance JS Lead at RMBC Maternal Obesity – JS has convened a meeting with Audra Muxlow, Head of Maternal and Child Health at TRFT. Childhood Obesity Peer Challenge – JS had been a member of the review team at Stoke on Trent - lots of learning for the reviewers as much as the authority under review. Active Communities Project - CS updated the group on the project funded for 3 years to work in Canklow, Dalton and Thyrbergh. The bid for a similar programme in Maltby and Dinnington had been unsuccessful. Physical Activity Pathway – presentation at H&WB had been picked up by the press and Rebecca Atchinson had submitted an abstract

to the national Public Health England Conference.

	CH had also submitted an abstract to the PHE conference on childhood obesity. Tour de France – lots of legacy activity and leverage in of resources for the region. RCAT – DP is keen to develop partnerships with the weight management providers and other members of the group, particularly to engage partners with fresher's week activity and other events planned throughout the year.	
	Action: DP to share dates of RCAT events with group. School Meals – RP reminded the group about the increased Free School Meal offer from September (all KS1 children will be offered FSM). Opportunities discussed for School Meals Service to give support to organisations on policy and food provision as well as training.	DP
2014/22	Dates of future meetings Further meeting dates were confirmed as follows: Wednesday, 30 th July 2014 Wednesday, 22 nd October 2014 All to be held at RIO from 9.30-11.00 am	

Joanna Saunders Head of Health Improvement 20th May 2014